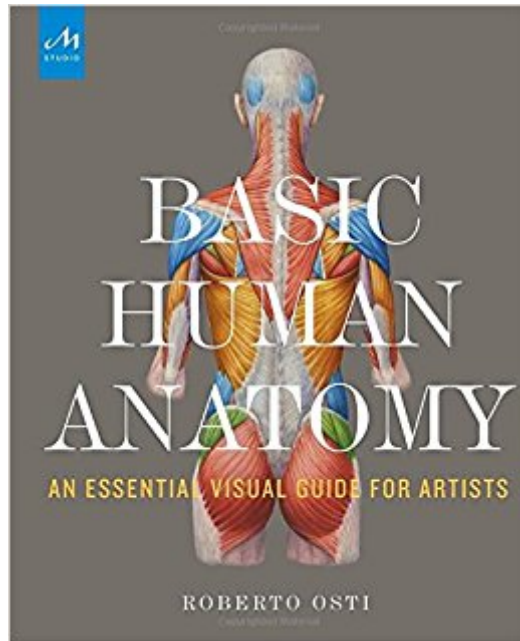




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# **Basic Human Anatomy: An Essential Visual Guide For Artists**



## Synopsis

A comprehensive, yet flexible and holistic approach to the human body for artists, Roberto Osti's method of teaching anatomy is exhaustive, but never loses sight of the fact that this understanding should lead to the creation of art. Basic Human Anatomy teaches artists the simple yet powerful formula artists have used for centuries to draw the human figure from the inside out. Osti, using the basic system of line, shape, and form used by da Vinci, Raphael, and Michelangelo, takes readers step-by-step through all the lessons needed in order to master this essential foundation skill. Organized progressively, the book shows readers how to replicate the underlying structure of the body using easy-to-understand scales and ratios; conceptualize the front and side views of the skeleton with basic shapes; add detail with simplified depictions of complex bones and joints; draw a muscle map of the body with volumetric form and realistic dimension; master the feet, hands, and skull to create realistic renderings of the human form; and apply a deeper knowledge of anatomy to finished drawings for more impact.

## Book Information

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## Customer Reviews

"This volume is useful not only for the excellent information and guidance Osti (Univ. of the Arts, Philadelphia) provides but also for the manner in which he presents the information. His presentation of the fundamentals is simple but elegant, and the visuals, examples, and exercises harmoniously supplement the information. Readers can flip to just what they need or study the work as a whole, a flexibility that makes the book valuable as both a textbook and a reference tool. Osti's skills as an artist and instructor are abundantly clear throughout the book, and the many excellent

illustrations showcase his credentials well. The market is saturated with books on figure drawing, but human anatomy titles are less numerous, and many are dated. Sarah Simblett's *Anatomy for the Artist* (2001) and Valerie Winslow's *Classic Human Anatomy in Motion: The Artist's Guide to the Dynamics of Figure Drawing* (2015) are excellent, but what sets Osti's title apart is its simplicity and the clarity of its prose."CHOICE magazine--J. C. Burns, Dixie State University

Summing Up: Essential. All readers.

Roberto Osti teaches human anatomy for artists at the New York Academy of Art, University of the Arts in Philadelphia, and the Pennsylvania Academy of the Fine Arts. Formally trained as a medical illustrator before becoming a fine artist, Osti has contributed his work to many science and art publications. His paintings have been exhibited in galleries in Europe and the United States.

Human Anatomy by Roberto Osti is the best book of anatomy for a person who wants to bring his knowledge of anatomy to the next level. I am physician MD and artist. I have been through many textbooks. But Roberto Osti book will give you a technic that allows you to draw the figure without a model under your eyes. It will give you this ability to draw a realistic and well proportionate figure from your imagination. For the beginner, it is a complete book that gives you clear and easy to access information step by step. Roberto Osti studied illustration for anatomy book at State Institute of Art in Bologna in Italy. He is the author of publications with Natural History Magazine, Scientific American Magazine, Scientific American Mind, Scientific American Explorations, Scientific American Books, Prentice Hall, Scholastic Books, MacGraw Hill, New York Times-Science Times, Wexcards, Progressive Publishing, Oxford University Press, National Academy of Sciences, Houghton-Mifflin, Templeton Foundation, and the Massachusetts Institute of Technology.

I highly recommend Roberto Osti's *Basic Human Anatomy* for both students and artists. As a student at the New York Academy of Art, I am currently taking a class with Osti, and in the past, I have used anatomy texts by authors such as Eliot Goldfinger, Dr. Paul Richer and Gottfried Bammes. Osti's book brings a unique perspective to this field. In a single volume, he combines proportional, structural and organic approaches to create detailed, accurate anatomical drawings. At the same time, he focuses on drawing movements of the body with grace and light with many beautiful illustrations. His book makes anatomy a complex subject easy to understand and shows how to integrate it into your drawing

practice.

I have been studying art references for almost thirty years. I can honestly say that I have never had a book impact my work so profoundly as this book has. My learning has exploded, not just from an artistic standpoint, but from an anatomical standpoint as well--this with already having a doctorate in medicine. If anyone were to select only a single book for their artistic career, I would strongly suggest they consider this book for their instruction. Thank you, Osti, for a great contribution to artists everywhere.

Roberto's new book is so thorough and complete and essential for any artist. The illustrations are detailed, easy to understand and beautifully rendered. This book is sure to be a classic and a must-have for an artists's library.

I recently got this book in the mail and I must say it is the most comprehensive anatomy book for an artist at any level. What I enjoy is that it culminates information that one would have to gather from many anatomy books and condensed it into one single book. The best part is actually the conceptualisation of the muscles and bones which is very rarely seen in anatomy books. And by reducing the volumes into simple designs, it makes learning artistic anatomy all the more fun. And the book doesn't just stop at learning the bones and muscles!! You get to practice and test your form-building with exercises. The illustrations are very clear and move you from the general to the specific and even more deeper than expected. I recommend this book for artists and art students who want to really invest time in the figure and really learn how to break down and understand the body with ease.

Excellent book for an artist.

I own a LOT of anatomy books geared for artists, and this one is by far my favorite.

The book arrived as described within the stated timeframe. Impressed!

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